

Preferred Family Healthcare's Mission Statement

To provide comprehensive mental healthcare services by well-qualified professionals who deliver the highest level of quality care and information while striving to overcome the barriers of those we serve.

Over the years, we have grown along with the communities we serve.

Preferred Family Healthcare has a variety of services available in numerous clinics throughout Missouri.

With this network of clinics, we're always close by.

You can learn more by visiting our website: www.pfh.org or by e-mail: pfh@pfh.org

Our Family Is Close To Yours.

Kirksville Administration Office
900 East LaHarpe Street
PO Box 767
(800)964-7118
(660)665-1962
(660)665-3989 Fax

Macon

907 State Route PP
Macon, MO 63552
(660)385-7111

St Louis – Pershing

5652 Pershing
St Louis, MO 63112
(314)361-1630

St Louis – Broadway

3800 South Broadway
St Louis, MO 63118
(314)772-2205

Brookfield

#1 Center Drive
Brookfield, MO 64628
(660)258-4188

Chillicothe

520 Park Lane
Chillicothe, MO 64601
(660)646-4226

Liberty

Westowne 4, Suite 403
Liberty, MO 64068
(816)407-1754

Moberly

1715 S Morley
Moberly, MO 65270
(660)263-1113

Trenton

1628 Oklahoma Ave
Trenton, MO 64683
(660)359-4600

Kahoka

137 West Cedar
Kahoka, MO 63445
(660)727-1111

Jefferson City

210 Hoover Road
Jefferson City, MO 65109
(573)632-4321

Kirksville

1101 South Jamison
Kirksville, MO 63501
(660)665-1962



Adult

Substance

Abuse

Rehabilitation



We're a good family to know.

We understand how hard it can be when someone needs help with an alcohol or drug problem. We also understand how much care professionals take when making a referral. That's why, for over 25 years, both families and professionals throughout Missouri have trusted Preferred Family Healthcare.

When the use of alcohol or drugs interferes with someone's daily activities – job, family life, social life – it's a sign of something serious. That's why Preferred Family Healthcare provides professional substance abuse treatment tailored to fit each person's needs. Preferred Family Healthcare provides a full continuum of services for people experiencing substance abuse problems.

Our day treatment allows a person to attend programming during the day and return home in the evening. Our residential program provides more structure and permits a person to stay at the Kirksville, St. Louis, Jefferson City, and Trenton treatment centers where they live in a dorm-like setting. Outpatient and aftercare counseling are available in Kirksville as at clinics throughout Missouri.

Regardless of an individual's needs or schedule, accommodations can be made accordingly.

Preferred Family Healthcare has services available, including group therapy, individual counseling, alcohol and drug education, recreational activities, relapse prevention, vocational support and an introduction to support groups. Some groups focus on special topics like assertiveness, stress management, relapse prevention, and family dynamics. In addition, services are available to family members.

With admission into Preferred Family Healthcare, each person is assigned a therapist. Therapists provide individual counseling as well as group therapy. They teach about the negative effects of substance abuse and teach the skills needed to support a healthy lifestyle, free of alcohol and drugs.

Our residential programs in Kirksville, St. Louis, and Jefferson City have detoxification services available for those individuals who are unable to discontinue their usage without assistance. The programs in Kirksville and St. Louis are social setting detoxification programs in which individuals are assisted in a non-medical detoxification program with nursing staff on duty and a physician available to assist people through their detoxification.

After any kind of substance abuse treatment, most people need continuing support. In addition to self-help groups such as Alcoholics Anonymous and Narcotics Anonymous, many people benefit.

Other Services PFH Offers:

Preferred Family Healthcare provides a full range of professional care. The services include:

- * Substance Abuse Treatment for Adults
- * Treatment for Chronic Mental Illness including Long-Term Assisted Living
- * Judicial Support Programs
- * Counseling for Individuals, Couples and Families
- * Community Education/Prevention
- * Intensive In-Home Services

Our Professional Staff Includes:

- * Psychologists
- * Psychiatrists
- * Advance Practice Nurses
- * Family Therapists
- * Licensed Professional Counselors
- * Substance Abuse Counselors
- * Community Support Workers
- * Community Prevention Specialists
- * Registered Nurses