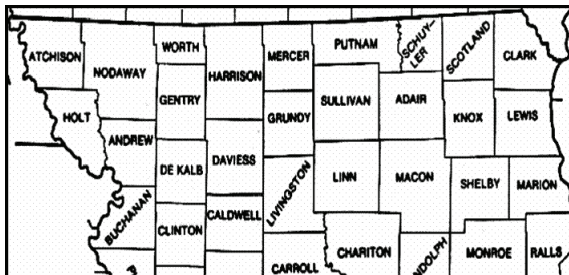


Preferred Family Healthcare Prevention Service Offices

900 E. La Harpe Westowne 4
P.O. Box 767 Suite 403
Kirksville, MO. 63501 Liberty, MO. 64068
660-665-1962 816-407-1754

prevention@pfh.org

Serving the northern counties of Missouri.



For additional prevention information
reference these websites:

www.dmh.missouri.gov/ada/adaindex.htm
www.missouriprevention.org
www.actmissouri.org

Preferred Family Healthcare's Mission Statement

To provide comprehensive mental healthcare services in the mid-west by well-qualified professionals who deliver the highest level of quality care and information while striving to overcome the barriers of those we serve. Over the years, we have grown along with the communities we serve. Preferred Family Healthcare has a variety of services available in numerous clinics throughout Missouri. With this network of clinics, we're always close by.

You can learn more by visiting our website:
www.pfh.org or by email: pfh@pfh.org

Preferred Family Healthcare
Prevention Staff
P.O. Box 767 900 E. LaHarpe
Kirksville, MO. 63501-0767



Preferred Family Healthcare

We're a good family to know.

Prevention Services



Prevention is a proactive process which empowers individuals and organizations to meet the challenges of life events and transitions by creating and reinforcing healthy behaviors and lifestyles, reducing the risks of alcohol, tobacco and other drug use and related issues.

Preferred Family Healthcare is designated a Regional Support Center and is certified by the Missouri Division of Alcohol and Drug Abuse.

Prevention Specialists

Prevention Specialists are available to counties in Northern Missouri to assist communities in developing and maintaining teams, task forces, and coalitions to combat substance abuse issues through prevention. They access a multitude of resources to impart knowledge of alcohol, tobacco, and other drug issues and to train commu-



nity members how to implement strategies designed to promote healthy attitudes and behaviors. Prevention Specialists help build

capacity and offer technical assistance.

Call these toll-free numbers to speak to a Prevention Specialist about your training and technical assistance needs.

Kirksville Office: 1-660-665-1962

Liberty Office: 1-816-407-1754

Or **email:** prevention@pfh.org

“Where the willingness is great, the difficulties cannot be great.”

- Niccolo Machiavelli

School Based Programs

Preferred Family Healthcare’s prevention services conduct a limited number of school based programs throughout the year. Our team of specialists provides a wide variety of workshops, trainings and general presentations to assist with the many drug-free program strategies in our school systems. The exact subject matter and length of program depends on need and availability. Contact us with your requests.

Below are examples of training programs we have delivered:

- ◆ **Peer Assistance Training:** Designed to train students to work with their peers to address substance abuse and/or conflict.
- ◆ **Student Assistance Program (SAP):** A school “care team” is trained to address needs of students via coordinated school and community efforts. (Education/Wellness, Prevention, and Identification & Response)

Community Based Training

The PFH prevention specialists strive to stay abreast of current trends, research, and funding opportunities on substance abuse prevention. These professionals are able to provide community-based coalitions with necessary information to create effective programs. See list of “**specific services.**”

- ◆ **Capacity Building:** Coalitions are trained in ways that will increase their efficiency and effectiveness in the following area: team building, volunteerism, systematic planning, multi-agency collaboration, access to services and funding, and working with youth.

We invite you to inquire about these **specific services**

(to receive additional information, check one or more boxes below)

- Community assessment, planning and training
- Coalition organizational development
- Leadership development
- Identification and creation of resources
- Grant writing
- Best practice and model programs
- Program implementation
- Legislation and policy development
- Sustainability planning

To receive additional information about Prevention Services, please provide the following information and mail this flap of the brochure to Preferred Family Healthcare.

Name _____

Phone _____

Email _____

City _____ State _____

Or call: 660-665-1962; check out our website www.pfh.org; or email: prevention@pfh.org